



APRAXIA CAMP & 2 DAY INTENSIVES



CHAMP: June 23-27
July 14-18
Mini-Champ: June 16-17
July 1-2

George Washington University's Speech and Hearing Center CHAMP Camp & Mini CHAMP 2014

The Details....

CHAMP Camp

Who: Children ages 3.5-10 years
What: Intensive Apraxia summer camp
(See inside for details)
Where: The GWU's Speech & Hearing
Center located in Washington, D.C.
When: June 23-27 & July 14-18
Cost: \$600/week. 50% deposit is
required to reserve a position once
accepted. Balance is due at onset of camp.

Mini CHAMP

Who: Children ages 2.5 and older
What: 2-day intensives
(4 individual therapy sessions)
Where: See above
Cost: \$200/intensive. See above for
deposit information.

Childhood Apraxia and Motor Planning (CHAMP) Camp is heading into its 3rd year of intensive speech therapy in the summer of 2014. This unique, 5-day experience offers an evaluation, individual therapy, small group sessions, parent education sessions, and a parent consultation.

CHAMP continues to reinvent itself to meet the needs of families' and to continue to follow the best practice guidelines for assessment and treatment of Childhood Apraxia of Speech (CAS). A trademark of CHAMP is the highly individualized nature of the therapy experience. One treatment approach does not meet the needs of every child when it involves CAS. Based on extensive pre-camp information gathering and an initial assessment, a treatment protocol is developed to address your child's speech and language needs. For one camper this may mean incorporating a hybrid approach of Dynamic Temporal and Tactile Cuing and Core Vocabulary to target speech AND language or for a child at a higher level who is working on residual speech sounds errors, a more traditional approach may be incorporated.

Regardless of the approach that is selected, therapy will be intensive, incorporate the Principles of Motor Learning, consider the learning style of your child to identify an appropriate cuing and support hierarchy (i.e., tactile [touch-related cues], visual [gestures or pictures]), have a focus on functional communication in the context of play-based and real world activities, and incorporate all language and social skills.

GWU is a teaching facility. Therefore, therapy will be provided by graduate level clinicians & supervised by a certified/licensed speech-language pathologist. Each participant will work with a clinician to provide continuity of care and 1:1 support.

CHAMP CAMP TESTIMONIALS

“CHAMP Camp was an amazing experience! Not only did I see my daughter Olivia progress verbally, but I also was able to interact with other families going through the same experience. Olivia has severe apraxia and we have tried many different therapists and techniques. Olivia’s GW Therapist was highly trained and very enthusiastic. She paired so well with my daughter who can get frustrated very easily. She was able to learn 2 new sounds (L and V) in 4 days of camp. This is amazing since Olivia had been in therapy for almost 4 years already. These sounds were life changing. Not only because her name is Olivia but because she can now say “I Love You.” As a mother of an apraxic child, every new sound and word is praise worthy, but to hear ‘I love you’ from your child who struggles to speak is simply amazing. The camp director, Jodi Kumar, is wonderful. Not only is she an expert in apraxia, but she is also a kind, compassionate woman. She cares about these kids and their parents. While the kiddos are receiving their therapy, we got to have some therapy of our own. There is something about getting in a room full of parents who understand their apraxia struggles, challenges and triumphs. I would highly recommend CHAMP camp to anyone whose child is struggling with Apraxia.” **Jen Landaverry, Pennsylvania, CHAMP 2013**

“Heading to DC for the past two years for my son to attend CHAMP camp was well worth the travel involved. My son felt comfortable going with his clinician because they had video conferenced several times before camp. His therapy room was full of toys specific to his interests and had a two way mirror so that I could observe and learn how to better practice at home. In addition to the intense speech therapy and fun group time (Zumba dancing was a favorite this past year!), the camp is also geared towards parent education. The parent education piece along with the connections we made with other families made this camp far exceed our expectations two years in a row. Director Jodi Kumar is a dedicated expert who provides a wealth of information and supervision during the camp in a caring and parent friendly manner.” **Sarah Pare, Massachusetts, CHAMP 2012 and 2013**

“My 6 year-old son and I attended CHAMP Camp for the first time in 2013. What an amazing experience! My son was matched up with a clinician who really “got” him. He has more than just apraxia so he can be tricky to work with. I figured camp would be fun for him and a good way for me to learn more about apraxia. What would he really learn in 4 days? Well, he learned 10 new words and 2 new sounds! And the knowledge I gained through the parent workshops, watching sessions, and parent networking empowered me to get my son better services when we returned. It’s been 6 months since camp and he has maintained what he learned plus gained more skills! We are so grateful for what CHAMP Camp did for us.” **Cindy Szapacs, Pennsylvania, CHAMP 2013**



Olivia proudly displaying her well-earned CHAMP medal to her brother.

“Our three year old daughter attended two Champ Camp sessions at the Speech and Hearing Center last summer. As of the first day of Champ Camp, Maggie had a very limited ability to verbally communicate. She could just barely say her name, spoken in two words “Ma and Gee,” and had a functional vocabulary consisting of approximately 20 words at the most. Although she had been in early intervention from the age of 18 months, we noticed very little progress in her speech and language development. After the first week of Champ Camp, she began to say words we would have never imagined her even attempting to say. By the end of the summer, she was saying two word utterances. The professionalism and care the CHAMP Camp clinicians provided was both outstanding and above and beyond anything we had experienced with the therapists we have seen over the past two years. We can only imagine the hard work and planning that went into four plus hours of intensive therapy. In addition, the parent education and testimonial sessions were an invaluable source of education on a topic that, to date, we knew only through searching online. We now feel equipped to properly advocate for our child with regard to therapy in the school system, and to evaluate private therapy options.” **Ben and Nicole Winburn, Virginia, CHAMP 2013**

DESCRIPTION OF CHAMP CAMP

EVALUATION DAY

On the Monday prior to camp, all campers will meet their clinicians and participate in an informal evaluation. Each evaluation will last 1-1.5 hours. Parents will be able to observe the evaluation and receive a report 1-2 weeks after camp.

DURING CAMP

The following is a tentative schedule for Tuesday through Thursday of CHAMP. Friday's schedule will be modified to include CHAMP Camp Graduation.

8:50-9:00	Arrive at Clinic
9-9:15	Morning group
9:20-10:10	Individual Therapy
10:10-10:40	Small Group (3-4 children)
10:40-11:30	Individual Therapy
11:35-12:10	Small Group (3-4 children)
12:15-12:30	Parent Training Session

PARENT EDUCATION

Three parent education sessions will be held concurrent to a small group session. Tentative topics will include, but are not limited to, school advocacy and IEP's, AAC & apraxia, best practice for assessment and treatment of CAS, and sensory processing. Topics will be based on the concerns of parents in the camp.

PARENT CONSULTATION

During one of the final small group sessions, parents will debrief with their child's clinicians and Camp Director, Jodi Kumar. These sessions will provide an overview of how their child progressed at camp, descriptions of treatment strategies implemented, and provide parents with recommendations for therapy. Evaluation reports and treatment summaries will be mailed to each family after camp has been completed.

INDIVIDUAL THERAPY

Each camper will participate in 2, 50 minute therapy sessions & 1 parent training session (15 minutes) daily. This may include therapy time in the clinic's Sensory and Motor Planning gym. Sessions will target goals that the camper is currently working on in therapy. A variety of supports will be utilized including tactile, verbal, visual, kinesthetic, and sensory to support the client in reaching their maximum potential.

SMALL GROUP THERAPY

Small group therapy will occur twice daily for 40 minutes and consist of 3-4 campers and 2 clinicians. This will be an opportunity for each camper to generalize goals targeted during individual therapy in different contexts. Activities will be functional (i.e., snack time, crafts, story time, obstacles courses, and other gross motor activities). Depending on the age of the campers, phonological awareness activities may be included. Parents will be able to observe some of the group sessions.



Returning campers, Ryan and Luke, reunite again for CHAMP Camp 2013

DESCRIPTION OF Mini-CHAMP

Mini CHAMP is a 2-day intensive that will be offered June 16-17 and July 1-2, 2014. It includes 2 individual therapy sessions (50 minutes each) per day and a parent debrief. A treatment summary will be mailed home to families at the end of Mini CHAMP. There will be a 1.5-2 hour break between sessions which families will have the ability to leave the clinic to explore the area or have lunch. Prior to camp, your clinicians will begin the process of developing a rapport with your child via SKYPE/Face Time sessions. Clinicians will review your child's current progress through a case history interview and current evaluations and progress notes. Due to the short nature of the therapy experience, 1-2 goals will be identified in collaboration with the parents to target intensively throughout the sessions.. Admission to Min-Champ is limited during the summer; however, Mini-Champ will continue to be offered every semester at the Speech and Hearing Center. If you are interested in a therapy intensive during the fall 2014, please email the Camp director at jkumar@gwu.edu.

IS MY CHILD APPROPRIATE TO PARTICIPATE IN EITHER CHAMP OR MINI-CHAMP?

Mini CHAMP?

Your child would be appropriate for Mini CHAMP if:

- ✓ Your child is 2.5 years of age or older;
- ✓ Your child has a diagnosed speech sound disorder;
- ✓ Your child is capable of participating in 2-50 minute therapy sessions daily;
- ✓ Your child demonstrates social-communication skills that are WNL and would not benefit or require group oriented therapy that is offered in CHAMP Camp;



CHAMP CAMP?

Your child would be appropriate for CHAMP CAMP if:

- ✓ Your child is 3.5 -10 years old;
- ✓ Your child has a diagnosis of Speech Sound Disorder, CAS, Suspected CAS, and/or Phonological Disorder or has significantly reduced intelligibility;
- ✓ Is able to tolerate up to 3.5 hours of therapy-related activities daily;
- ✓ Would benefit from social communication opportunities or require minimal support to engage during small group therapy sessions

Selection Process: To make the camps cohesive, applicants are selected and identified as appropriate based on age, severity of apraxia/speech sound disorder, presence and severity of comcomitants disorders, and behavior supports that will need to be provided during the camp experience in order to make it an effective experience for the campers both in individual and group therapy.

APPLICATION PROCESS: In order to be considered for CHAMP camp or Mini-Champ, the following application and a 5-10 minute speech and language sample is required by February 28, 2014. Video samples can be sent via a private You Tube link or directly through email as an attachment. A video of your child in speech therapy would also be accepted. Applications will continue to be accepted after that deadline; however, you will be placed on the waitlist if the camp is already at capacity. Please email the following application with video to ikumar@gwu.edu.

Application for CHAMP Camp and/or Mini CHAMP 2014

Parent Information

Parent Name(s):

Address:

Phone Number: _____

Email Address:

Camper Information

Camper's Name:

Date of birth: _____

Diagnosis:

- Apraxia of Speech Dysarthria
- Suspected Apraxia of Speech
- Articulation Phonological Disorder
- Expressive language Receptive Language
- Other (i.e., SPD, Autism, PPD-NOS, Global dyspraxia)

Medical Diagnoses:

My child is able to tolerate up to 3.5 hours of therapy activities daily

My child does/ does not have a behavior plan established.

My child uses AAC: yes/no. If yes, what? How often?
Who is trained to use it?

I am interested in the following:

- CHAMP Camp only - \$600
- Mini CHAMP only- \$200
- Mini Champ (if CHAMP is full)

DATE SELECTION:

Although we are unable to guarantee which week will be offered to a family, please select a preference for CHAMP or Mini-CHAMP:

CHAMP CAMP

Mini CHAMP

- | | |
|---|---|
| <input type="checkbox"/> June 23-27 th | <input type="checkbox"/> June 16-17 th |
| <input type="checkbox"/> July 14-18 th | <input type="checkbox"/> July 1-2 nd |

T-SHIRTS: I am interested in purchasing a CHAMP Camp t-shirt for my child for \$15.00

- YES NO

Please select a size:

- | | |
|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Child small | <input type="checkbox"/> Child medium |
| <input type="checkbox"/> Child Large | <input type="checkbox"/> Adult Small |

T-shirts will also be available for parents to purchase at a cost of \$15.00. If you are interested please indicate the number and size.

Woman's

Men's

- | | | | |
|------------------------------|-----------------------------|------------------------------|-----------------------------|
| <input type="checkbox"/> S | <input type="checkbox"/> M | <input type="checkbox"/> S | <input type="checkbox"/> M |
| L | <input type="checkbox"/> XL | <input type="checkbox"/> L | <input type="checkbox"/> XL |
| <input type="checkbox"/> XXL | | <input type="checkbox"/> XXL | |

For more information please contact:

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About George Washington University's Speech and Hearing Center

The George Washington University Speech & Hearing Center has been serving clients since 1946. The Center provides a full range of speech, language, and hearing services for individuals with communicative disorders. As an educational facility for graduate students entering the field of speech-language pathology, the Center maintains high standards in its delivery of comprehensive evaluations and therapy. The Center serves persons of all ages, from infants to senior citizens. For more information about the Speech and Hearing Clinic, visit us at:

<http://departments.columbian.gwu.edu/speechhearing/center>

About the CHAMP CAMP Director

Jodi N. Kumar, M.S., CCC/SLP has been a practicing SLP for ~10 years and has worked in a variety of settings across the life span in both the U.S. and Canada. Areas of clinical interest include brain injury and motor speech disorders. Currently, she is the clinical supervisor for the Speech Sound and Motor Speech Disorders Track at GWU. She is level 2 PROMPT trained and is recognized for Advanced Training and Clinical Expertise in Childhood Apraxia of Speech by CASANA. She developed and directed the CHAMP Camp in 2012 and 2013 to provide an opportunity for intensive speech therapy for children with CAS, as well as, to supplement the education of future SLP's regarding best practice for childhood apraxia of speech.

